Happy New Year and welcome to 2020! This year marks my forth year as the Editor-in-Chief for *Chulalongkorn Medical Journal* (*Chula Med J*) and it has been a privilege to serve you. Along with this privilege comes the responsibility to assure that this journal keeps pace with the expeditious development in the field of biomedical science and medicine while maximizing its impact and efficiency. It is my great pleasure to report that *Chula Med J* has continued to do well in 2019.

In early this year, *Chula Med J* launches an online manuscript submission, review, and tracking system via utilizing the ScholarOne Manuscripts platform. It is anticipated that the use of this new system will result in more efficient review of manuscripts submitted to *Chula Med J*. This new online manuscript submission, tracking, and review system should reduce the amount of time that manuscripts are under review and improve an author’s ability to check the status of a submitted manuscript.

The first issue of *Chula Med J* contains twelve original articles, one case report, and one review article, published as follows:

1. Sleep quality and associated factors of patients with mild cognitive impairment at King Chulalongkorn Memorial Hospital
2. A simple and rapid molecular detection of *Staphylococcus aureus* strain B using multiplex PCR
3. Bipolarity among pregnant women at King Chulalongkorn Memorial Hospital and relationship with depression score during pregnancy and postpartum periods
4. Incidences and characteristics of monkey-related injuries among locals and tourists in Muang District, Lopburi Province, 2013 - 2017
5. Personality change and associated factors in patients with mild cognitive impairment
7. Accuracy of ultrasound-guided vacuum-assisted fine-needle aspiration for diagnosis and management of BI-RADS 4 lesion
8. Oblique direction reach test: A pilot test to measure limits of stability in oblique direction and its psychometric properties
9. Primary biliary cholangitis in Thai woman: A case report
10. Workplace violence in convenience stores
11. Effect of board games to enhance visuospatial working memory in preschool children in Foundation for Children
12. Effects of a self-efficacy enhancement program on recurrence prevention behaviors among patients with urolithiasis
13. Effects of family members’ empowerment program on family members’ food preparing behaviors for elderly diabetic patients
14. Subjective well-being, self-esteem, and attitude towards imagined couples of yaoi fangirls in Thailand

I would like to thank our Editorial Board members and editorial staff, whose dedication and challenging work have maintained *Chula Med J* running efficiently on a daily basis. I am sincerely indebted to the peer-reviewers who have volunteered their time and expertise to ensure publication of the best article in *Chula Med J*. And most importantly, I must thank our authors for submitting their researches and manuscripts to *Chula Med J*. These works continue to define the field of biomedical science and reflect the nature and reputation of *Chula Med J*.

This issue marks the first issue of the 64th year of *Chula Med J* on biomedical science and medicine. We are working meticulously to deliver improving the impact and quality of *Chula Med J*. In 2020, we will continue to promote quality and welcome contributions of excellent science that integrates basic biomedical science and clinical medicine. Again, we wish you and your family a very happy and healthy New Year, and we welcome submissions of excellent articles in 2020.

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